

***BIGGEST LOSER'S* TARA: 'I'M STILL BATTLING TO LOSE THE LAST 10 POUNDS'**

She no longer has televised weekly weigh-ins on *The Biggest Loser*, but last season's second runner-up, Tara Costa, isn't abandoning her quest to lose weight. "I'm still battling the last 10 pounds," she tells *Life & Style*. "I'm currently around 164; I'd love to live at 155-ish." To reach that goal, the former plus-size model, who lost more than 155 pounds on the show, has a secret weapon: She's heading for a stay at the *Biggest Loser* weight-loss resort and spa (pictured below) in Ivins, Utah. "I'm so excited to go visit the resort," Tara says about the spa, which offers one-week-minimum stays for guests who can exercise for six hours each day while following a healthy diet. And if the spa doesn't do the trick, running in a marathon should! Tara completed the 26.2-mile New York City marathon on Nov. 1 with an official time of 4 hours, 23 minutes, 12 seconds. "An important lesson I've learned," says Tara, "is to push myself out of my comfort zone."

